



# North Tampa Aquatics Schedule

## **Senior Competitive Group (High School)**

<b>Day of the Week</b>	<b>Dry Land Time</b>	<b>Swim Time</b>
Monday	3pm-3:30pm	3:30pm-5:30pm
Tuesday	None	5:45am-7am & 4pm-6pm
Wednesday	4pm-4:30pm	4:30pm-6:30pm
Thursday	None	5:45am-7am & 4pm-6pm
Friday	None	4:30pm-6:30pm
Saturday	8am-8:30am	8:30am-10:30am

## **Junior Competitive Group (Middle School)**

<b>Day of the Week</b>	<b>Dry Land Time</b>	<b>Swim Time</b>
Monday	5:15pm-5:45pm	5:45p-7:15pm
Tuesday	None	6pm-7:30pm
Wednesday	None	5:15pm-6:45 pm
Thursday	None	6pm-7:30pm
Friday	None	5:15pm-6:45 pm
Saturday	8:00am-8:30am	8:30am-10:30am

## **Developmental 1 (Elementary)**

<b>Day of the Week</b>	<b>Swim Time</b>
Monday	2pm-2:45pm
Wednesday	3pm-3:45pm
Friday	3pm-3:45pm

## **Developmental 2 (Elementary)**

<b>Day of the Week</b>	<b>Swim Time</b>
Monday	3pm-4pm
Tuesday	3pm-4pm
Thursday	3pm-4pm

## **Developmental 3 (Middle School)**

<b>Day of the Week</b>	<b>Swim Time</b>
Monday	5:30pm-6:45pm
Tuesday	6:00pm-7:15pm
Thursday	6:00pm-7:15pm